

# Transition Team Office of Child Protection

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*Champions For Our Children*  
[www.First5LA.org](http://www.First5LA.org)

# Levels of Prevention\*

- Primary
  - Directed at the general population and attempt to stop maltreatment before it occurs
  - All members of the community have access to and may benefit from these services
  - Seek to raise the awareness of the general public, service providers, and decision-makers about the scope and problems associated with child maltreatment
- Secondary
  - Offered to populations that have one or more risk factors associated with child maltreatment
  - Programs may target services for communities or neighborhoods that have a high incidence of any or all of these risk factors
- Tertiary
  - Focus on families where maltreatment has already occurred (indicated)
  - Seek to reduce the negative consequences of the maltreatment and to prevent its recurrence

\* U.S. Department of Health & Human Services Administration for Children

# Welcome Baby

- A **universally offered hospital and home-based intervention** for pregnant and postpartum women. **Program dosage** is dependent on families' level of risk for poor outcomes, residency within or outside of a *Best Start* community and delivery at a participating hospital.
- Level of Prevention: **Primary** and **Secondary**
- Target Population: Families delivering at participating hospitals. Eligible hospitals served at least 10% of families in at least one *Best Start* community, which were selected for being at risk of poorer outcomes
- Measures of effectiveness:
  - Participant-level outcomes in the areas of:
    - Health, safety and security of the baby and parent-child relationship
    - Facilitation of access to services and supports when needed
    - Learning-supportive home environment

# Select Home Visiting

- **National evidence-based programs** for families identified as having a greater or higher risk of poor child outcomes. The purpose is to provide additional support to families within the Best Start Communities who will most benefit from more frequent home visits and supportive services.
- Level of Prevention – **Secondary**
- Target Population: Families **identified as high risk at the Welcome Baby hospital visit**. Families will be referred to the home visiting program in their *Best Start* community, which include Healthy Families America, Parents As Teachers, or Triple P.
- Measures of effectiveness:
  - Caregiver/child bond and attachment
  - Cognitive and behavioral functioning
  - Health and well-being of child and family
  - Referral to additional resources, as needed

# Parent Child Interaction Therapy (PCIT)

- A program focused on **preventing child maltreatment** by improving the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's severe behavior problems.
- Level of Prevention: **Secondary and Tertiary (DCFS)**
- Target Populations:
  - Any child who is Medi-Cal eligible and who has a behavioral need age 2-5
  - Foster Teen/AB12 Parents with young kids
  - A parent and child that is involved in an active family reunification process or receiving court or voluntary family maintenance services
  - Kinship cases
  - Foster Parents involved in long term placement
  - Adoption cases
- Measures of effectiveness:
  - Participating parents experience decreased stress related to parenting
  - Children receiving PCIT services show improvements in functioning
  - Participants have lower recidivism into DCFS

# Partnerships for Families (PFF)

- A program to **prevent child maltreatment** through a strengthening families approach. This approach mitigates risk through the **development and enhancement of the protective factors**
- Level of Prevention: **Secondary**
- Target Population:
  - High-risk pregnant women
  - High-risk families referred by the Department of Children and Family Services
- Measures effectiveness:
  - Families' improvement in measures on the Family Assessment Form (FAF)
    - Physical, social & financial environment
    - Caregiver history, characteristics and child-rearing skills
    - Child's development and behavioral status
    - Family interpersonal interactions

# Access to Substance Abuse Services for High Risk Parents and Caregivers Project

- A program to prevent child abuse by addressing gaps in the current child welfare system. SA Access provides screenings for substance use disorders, intervention and referral and treatment services through the Screening, Brief Intervention, and Referral to Treatment (SBIRT) service model.
- Level of Prevention: **Tertiary**
- Target Population:
  - Parents/caregivers of children 0-5 years and pregnant women with an open DCFS case
- Measures effectiveness:
  - Increase in Family Reunification
  - Decrease in recidivism into the DCFS system

# Gaps Identified

- Services
- Populations
- Systems
- Geographic